

# BREAKFAST

9am-11am

Artisan sourdough toast or fruit toast <sup>V DF</sup> 6.50

*House preserves*

Mushrooms on toast <sup>V VO GFO DF</sup> 19

*Avenel Swiss browns, Meredith feta, hazelnuts, poached egg, sourdough*

Winter Harvest bowl <sup>V VO GF DF</sup> 19

*Brown rice, winter vegetables*

*recommended extra: smoked salmon 6 or a poached egg 3*

Giant pancake <sup>V</sup> 18

*Seasonal fruit, maple syrup, Gundowring icecream*

Smashed avocado <sup>V VO GFO DFO</sup> 19

*Feta, mint, peas, lemon, pomegranate, egg, sourdough*

Mum's granola <sup>V VO DFO</sup> 17

*Vanilla bean yogurt, seasonal fruit, local honey*

Country boy 17 (kids serve 12) <sup>GFO DFO</sup>

*Bacon and eggs your way, relish, sourdough*

Baked eggs (Shakshuka) <sup>V GFO DFO</sup> 20

*Spiced tomato & capsicum passata, Meredith feta, za'atar, sourdough*

*recommended extra: haloumi 4.50 or chorizo 5.50*

Kids board <sup>V VO GFO DFO</sup> 15

*Vegemite soldiers, poached egg, fruit, yogurt*

## EXTRAS

Avocado, Mushroom, Tomato, Meredith Feta, Hash brown 4.50

Additional egg 3

Bacon, Smoked salmon, Chorizo, Haloumi 6

<sup>V</sup> Vegetarian <sup>VO</sup> Vegan Option <sup>VE</sup> Vegan <sup>GF</sup> Gluten Free <sup>DF</sup> Dairy Free

<sup>GFO</sup> Gluten Free Option <sup>DFO</sup> Dairy Free Option

*Please note, there is a 15% surcharge on public holidays.*

## BREKKIE COCKTAILS

Bloody Mary 16	<i>Tomato, tobasco, Worcestershire sauce.</i>
Tequila Sunrise 16	<i>Tequila, orange juice, grenadine.</i>
Mimosa 11	<i>Box Grove prosecco, orange juice.</i>
Espresso Martini 20	<i>Creamy, strong, apparently the best.</i>

## FAUX COCKTAILS

Try Hard Italian 14	<i>Salty, loud, and fabulous featuring Lyre's orange and Strange Love salted grapefruit.</i>
Mojit-zero 12	<i>Apple, mint, lime and soda.</i>
Not so Naughtea 14	<i>Black tea, ginger ale, mint, lemon.</i>
Diet Harry 14	<i>Get your styles on with faux gin, watermelon tonic, lychee and mint</i>
She's Sour 14	<i>She's an amaretto sour but she's driving.</i>
Nada Colada 12	<i>Can't get much more summery than coconut and pineapple juice.</i>

*For our full cocktail list ask for our a la carte menu*

# UN CAFE

Coffee *small* 4.50 *large* 5.50

Espresso or long black 4

Tea 4

Matcha 5

Golden tumeric latte 5

Chai 5

Iced coffee or chocolate 6.5

Milkshake chocolate or vanilla 8

Green smoothie 10

*Apple, banana, spinach, cucumber, celery, coconut water, Greek natural yogurt*

Purple smoothie 10

*Berries, banana, coconut water, Greek natural yogurt*

## EXTRAS

Vietnamese coffee (condensed milk) - add 1

Vanilla syrup - add .50

Specialist milks add .50

*Happy Happy Soy Boy, Milk Lab Almond,*

*Minor Figures Oat, Milk Lab Lactose Free*

## HERBAL TEAS BY THE FITZROY NATUROPATH

**Digestive** *ginger, peppermint, milk thistle, liquorice, lemon balm, fennel*

**Immune** *echinacea, withania, reisha, olive leaf, liquorice, cinnamon, rosehip*

**Calm** *passionflower, skullcap, lavender, withania, oats, spearmint*

**Green Cleanse** *spearmint, nettle, alfalfa, parsley*

**Liver Cleanse** *dandelion root, schisandra, globe artichoke, milk thistle, burdock root, liquorice, spearmint*

**Turmeric Elixir** *turmeric, lemongrass, lemon myrtle, ginger, liquorice*

**Yoga Blend** *rose petals, white tea*

## SOFTIES

Strangelove organic (low sugar and delicious) 6

*Smoked Cola*

*Very Mandarin*

*Holy Grapefruit*

*Yuzu*

*Double Ginger Beer*

*Lemon Squash*

*Lime & Jalapeno*

Coke, Coke Zero, Lemonade 4

Strangelove sparkling mineral water

*small 4 large 7*

Remedy organic kombucha 6

*Raspberry Lemoade*

*Ginger Lemon*

Sunzest organic juice 5

*Orange*

*Apple*

## SMOOTHIES

10

### **Green**

*Apple, banana, spinach, cucumber, celery, coconut water, Greek natural yogurt*

### **Purple**

*Berries, banana, coconut water, Greek natural yogurt*